

# ST JOSEPH'S NETBALL CLUB



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## Team News

### **St Joseph's 1 – U12 (Div 4) v Canons 12**

*Have faith in your abilities, work hard, and there is nothing you cannot accomplish."*

Brad Henry

**Believe**-we truly live and breathe we are Firebirds. We are using our brains to play the game to our advantage.

**Abilities**-every member of the team has an athletes mind set. There is no competition between the players, and they genuinely congratulate each other's achievements. This week's stand out Olympians were Sophie and Bella

**Work hard**-6.30am training sessions are really paying off, thanks Nikki for your dedication.

We accomplished a massive 30 to 9 defeat. Tough game, with our goalies achieving nearly 100% accuracy. It was so wonderful to see beaming faces with their accomplishment. St Josephs 1 - 40 (win) Canons 12 - 9

### **St Joseph's 2 – U12 (Div 6) v St Margaret's 8**

Another fabulous game for the girls, winning their game 14-0. Once again they showed a high level of skill and enthusiasm with quick passing, a high percentage of ball possession and great defence in the goal circle. The goal shooters were on fire again, showing some great accuracy at goal, but also persistence and determination when not successful with their first shots. Well done again team 12B!

### **St Joseph's 4 – U10 Blue vs Canons 16**

A good win this week. This was due to a solid performance by all players.

Highlights included some very nicely placed passes (particularly around the goal circle), fabulous efforts in defence (including a number of very near intercepts), and improvements in stamina for all four quarters. A great game to watch - well done girls!

### **St Joseph's 5– U10 Yellow v Valleys 29**

An extra challenge for the girls this week, with full height goal posts in play for the first time - a challenge they rose to magnificently! Though the other team were a bit stronger on the day, we saw some beautiful passing, some impressive goals, and some great team work. The hot May day didn't mean our girls slowed down either. The running continued right to the end; ensuring a strong finish to a great match. Well done under 10 Yellow!

### **St Joseph's 6 - U8/9 Red v Valleys 36**

Lots of cheering from the sidelines as the girls worked together to play the ball strongly up and down the court with great passing, lots of calling out and some fantastic defence. It was Poppy and Meg's birthday and Meg scored the first goal of the game with Aliza and Alice working together to feed the ball into the shooter's circle. It set the theme for the game. Poppy showed great prowess at the stop and pivot while Scarlett scored a goal without even touching the rim! There were lots of

good intercepts from all the players with Ruby and Matisse working hard at Centre and Charlotte fast to break free for passes.

**St Joseph's 7 – U8/9 Green NO REPORT**

**St Joseph's 8 – U8/9 White BYE**

**St Joseph's 9 - U8/9 Purple v Canons 21**

There were two real improvements in the team's game this weekend. The first was in defending, where the girls were very determined and effective. The second was in general field position and structure where they really looked and played like a team. If that was all it took, we'd be world champions!

**St Joseph's 10 - U8/9 Purple v Phoenix**

After lessons learned last week, the girls were keen to get back onto the court. Working as one the girls have really stepped up their passing and communications, but Phoenix were just as good as our golden girls. The girls fought back in the final quarters but were just pipped at the post. Special mention to Annabelle, Stella and birthday girl Milla who kept the ball moving up the court.