Dear Parents and Caregivers

Celebrating St Joseph’s Day
Today was a special day for us here at St Joseph’s as we celebrated our feast day. At Mass and in our pastoral care groups we focused on the life of St Joseph’s and how he cared for Mary and Jesus. Thank you to Fr Peter who led our school community in Eucharist and to our Religious Life of Schools committee (both staff and student leaders) for their time in planning the day’s activities.

Thought for the Week

Be Faithful in small things, because it is in them that your strength lies.

Mother Teresa
The 2014 National Day of Action against Bullying and Violence is on Friday 21 March 2014. This annual day provides a focus for our school to say Bullying. No Way! and to continue to strengthen our existing everyday messages that bullying and violence at school are not okay at any time.

The annual National Day of Action Against Bullying and Violence occurs on the third Friday in March each year and is promoted across Australia.

The message is clear - we say no way to bullying in all shapes and forms including cyber bullying, physical violence and intimidation. There is no place for bullying or violence in, or outside, our school.

All members of St Joseph’s community are committed to ensuring a safe and supportive environment which promotes personal growth and fosters positive self-esteem for all. We aim to maintain a setting in which everyone feels valued and respected and where individual differences are appreciated, understood and accepted. On Friday our teachers will spend time focusing on activities around this theme Against Bullying and Violence and children are able to wear an orange ribbon, orange socks, an orange band or a small orange token to acknowledge recognition of this day.

2015 PREP ENROLMENTS NEEDED AT THE OFFICE BY MARCH 20th. We are now taking enrolments for 2015 Prep. Calling all siblings…please ensure enrolments are at the office by the above date. If you know of any friends wishing to place an enrolment, please let them know that enrolments need to be submitted asap. We will begin the interview process in May, immediately after the holiday break.

CONGRATULATIONS
Congratulations to all our Zone swimmers who represented the school on Tuesday at the carnival. The team were great representatives of St Joseph’s school and from all reports they enjoyed the day.

Please remember to keep in your prayers the Year 3 and other students who are receiving their Reconciliation on Monday night. These children and families have been working through their booklet in preparation for this evening. All the best for Monday night.

TRIVIA NIGHT
There have been many busy workers around St Joseph’s organising the Trivia Night with the theme of ‘Show Tunes’. It is great to see so many parents and friends joining us for this evening on Saturday beginning at 6:30pm for a night of fun and excitement.

See you at the Trivia Night,
Carolyn

From the APRE
Reconciliation Retreat
This Friday 21 March, all the Year 3 students will participate in the retreat program at Lavalla Centre, Rosalie. This is in preparation for the Sacrament but also as a culmination of work done at home and in the classroom. We keep all the candidates in the sacrament in our prayers as they prepare to receive their First Reconciliation.

Caritas Appeal – Come Live Life through Charity & Awareness
As mentioned in last week’s newsletter, we are collecting money to aid the various worldwide efforts of Caritas International. The Project Compassion Appeal has classes contributing to a class mission box which is counted each week. The totals will be announced each Friday assembly for the next 7 weeks. Also pictures of chickens and school books will be placed in the garden for every $10 raised.
Each week the school will focus on a country that is specific to this year’s fundraising.

Week 2- South Sudan (spokesperson – Deng)
Lord, we give thanks for our food and those who grow it and prepare it.
We ask you to bless Deng’s harvest with abundance.
We ask this prayer through Christ our Lord. Amen

$SSSS Last week as a school we raised over $400. As previously mentioned, Mr Deegan is keen to win the seven week challenge and has started well with Year 3G raising over $90!! Great effort Year 3. Watch out for the other grades though.

St Joseph’s Mass
Thank you to everyone who helped out with and attended the St Joseph’s feast day Mass today. It is always great to see so many people attending our whole school Masses.

Thanks also to the Religious Life of Schools Committee and the Year 6/7 Leadership groups who helped coordinate the Pastoral Care activities in the middle session. We had 18 groups made up of a mixture of children from Prep – 7. Thanks to the staff leaders who ran the activities with their group. Look out for the finished product of our labour: Come Live Life as a Family.

Michael Robertson
Assistant Principal (Religious Education)

Our Star Student of the Week is Jack (1G)

Masses for the rest of Term 1
Monday 31 March HOLY WEEK LITURGIES
Zone Swimming Carnival

Congratulations to the boys and girls who represented St Joseph’s Bardon at the Zone Swimming Carnival. I was very proud of the effort, enthusiasm and behaviour of the whole team. I was particularly very proud of those students who swam in a different age group or different gender race in order to support St Joseph’s swimming team. Also, thank you to the Year 7 girls for their great team cheering and assistance in the stands. Overall, St Joseph’s finished 2nd in the B Schools - a great effort by all, well done.

The swimmers included:

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Cross Country Training

Pre-season Cross Country training sessions are starting next week. All members of the last year’s School Cross Country Team and anyone interested in trialling for District Cross Country next term are invited to attend.

After our school carnival in Term 2, a cross country squad will be selected to represent the school at various inter-school events.

The full training program through to Zone Cross Country is listed in the calendar on the next page.

During school term, teachers will be at the oval by 7:45am and Bowman Park by 7:35am, please do not leave children unattended prior to that time. Teachers will then dismiss the children to the undercroft at school or accompany the children back to school from Bowman Park. The two holiday trainings will commence at 8:00am on the school oval.

Make sure to bring along a change of socks (or even shoes) as the grass may be wet. An early snack and then breakfast after training is preferable to running on a full tummy. Children will need a cap and a full drink bottle.

Participation in these training sessions is NOT compulsory but is encouraged.

If anyone is interested in extra training, Queensland Running has commenced their season and is running sessions on a Saturday at 2pm at Teralba Park, Mitchelton. Please see the office for more details.

Regards

Melinda Brockhurst & Christie Lewis
Cross Country Coordinators

Carolyn Hayes
Principal
The Cross Country Calendar and training sessions will be as follows:

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**Kilometre Club News**

We’re only one week away from our first Kilometre Club session for 2014.

Start times for next Wednesday 26 March are:
* Bowman Park (Years 2-7), 7.40am
* School oval (Prep and year 1), 7.45am.

# Please make sure breakfast is NOT eaten right before coming along to run. Eat early or bring along something suitable to eat after the session, rather than running on a full tummy.

# Remember to send along a change of shoes and socks.

# Send your joining fee ($15/$30) along to the first session. Have it in an envelope **clearly marked with child’s name and grade**.

# Make sure your folder is organised and bring it along to every session. Place it in the basket when you arrive.

* Use a plain manila folder (no pockets, sleeves or plastic folders)
* **Calendar on the right side and code on the left.**
* Clearly mark with name and grade.

Make sure to read the information sent home last week and put the fridge copy somewhere handy.

Happy running!
Bern Skelly
KM Club Coordinator

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**Student of the Week**

Prep B  Oliver for demonstrating great enthusiasm when sharing his ideas with his peers. Well done Oliver!

Prep G  Hugh for trying his best this week and being a caring friend to everyone in Prep G. Happy Birthday Hugh!

Prep W  Zac for an improvement in concentration during focused activities this week.

1B  Gracie for setting a wonderful example for the rest of the class. Gracie confidently goes about her day, she is well organised and is willing to help others.

1G  Stirling for demonstrating excellent persistence in all his work. Well done Stirling!

1W  Alexander for being kind and caring towards your friends and for trying your best when writing.

2B  Charlotte for being a responsible member of 2B by helping her teacher and working very hard.

2G  Emily for always working well in class and excellent homework.

2W  Lily for always doing her best completing activities in class.

3B  Samuel for demonstrating admirable persistence and attention to detail when writing narratives this week. Fantastic job Sam!

3G  Harriet for always listening attentively and being a great role model for her classmates.

3W  Ginger for being a kind and thoughtful friend who is always will to help others in the classroom.

4B  Sophie for showing great research skills in her history task and for showing persistence.

4W  Niamh for always listening and asking relevant questions.

5B  Lily for bringing a caring, respectful and humorous personality to our classroom.

6B  Louie for her wonderful nature and for always working to the best of her ability in class.

7B  Ava for thinking of others and trying to make a positive difference in their lives.
Italian Day Planning

Please come along to the information afternoon **Thursday 20 March in the Italian room at 2.15 pm to 3pm**. I am looking for parents to help with sourcing and organizing / ordering gelato, drinks, coffee/ hot chocolate for the day. The more volunteers the easier the day will flow. Teachers will need to stay with their class to move to planned activities on time.

I would like to hear suggestions and ideas from parents to make the day fun for all.

I ____________________________ would like to help during Italian classes.
I ____________________________ would like to help in planning **Italian Day** 26 June.
I will attend information meeting on Thursday 20 March. ☐
I cannot attend but would like to help on Italian day (26 June). ☐
My child/childrens names and grade/grades ____________________________________

### Availability

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**Languages - Italian**

Jeanette Vanderzee

TUPPERWARE RAFFLE

$1 a ticket
ST JOSEPH’S CHESS CLUB

St Joseph's Chess Club resumes for children in Prep - Year 7 in Term 2 and 3 only. It is held on Monday afternoon in the Library 3.10pm – 4.10pm and is run by coaches from Gardiner Chess. The children are supervised by myself or Mrs Amanda Gardiner (T-L). The children are to come to the Library at 3pm where the roll is marked and where they are encouraged to have an afternoon tea snack prior to the lesson. **Children are to be promptly picked up outside the Library at the conclusion of the lesson but by no later than 4.15pm.**

Dates for Term 2 and 3 are:

**Term 2:** 28th April (Week 2) – 16th June (Week 9)
- There will be no Chess Club on 9th June because of the Queen’s Birthday Public Holiday

**Term 3:** 21st July (Week 2) – 8th September (Week 9)

In Term 4 there will be an opportunity for children in St. Joseph’s Chess Club to participate in the Brisbane Individual Age Chess Championships. A date and venue for this event is yet to be finalised. **Please note that transport and supervision for this event is the responsibility of parent/s and caregivers.**

If your child/ren wants to participate in the St. Joseph’s Chess Club, please complete the attached enrolment form and permission slip. **Both forms need to be returned to the Office by no later than Tuesday, 1st April as the number of children for St. Joseph’s Chess Club is limited.**

If you have any questions please do not hesitate to discuss them with me.

Jane Robinson (St. Joseph’s Chess Club Co-ordinator)

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**ST JOSEPH’S CHESS CLUB**

I/we __________________________________________________ give permission for my child/ren

to participate in the St Joseph's Chess Club run by Gardiner Chess on Monday in the Library from 3.10pm – 4.10pm. I/we acknowledge that my child/ren are to be picked up promptly after Chess Club but by no later than 4.15pm.

Please indicate which term/s your child/ren will participate.

Term 2 [ ] Term 3 [ ]

Signature: ____________________________________________ Date: __________________________
Lessons on Mondays
3.10—4.10pm in the library during Terms 2 & 3 only
(8 weeks each term).
Term 2 will commence 28th April
Term 3 will commence 21st July

ST JOSEPH’S, BARDON CHESS FORM 2014

This form must be returned to the school office
no later than Tuesday 1st April to enable your
child/ren to start the program.

The cost is $83 per term, or $155 for both
terms 2 and 3, including GST per child.

Since fees are required in advance for your
child or children to take part in the program,
we request that you pay by completing the
payment form on the right.

Unless there are extended absences, where special
allowance may be made on written request, we
will require the full fee to be paid in advance. The
fee is based upon a full class of students, and no
allowance can be made for occasional absences.

Under no circumstances will the coach be
allowed to accept payment.

Please include details of any medical, custodial, or
other factors of which we need to be aware, on the
back of this form.

CHESS PERMISSION SLIP

My child __________________________ of __________________________
school, has permission to participate in school chess
until further notice. I authorize Gardiner Chess to seek
emergency medical, hospital or ambulance assistance
for my child if necessary.

Child’s Name: ___________________________ Class: ______________

Parents’ or Carers’ names ________________________________

Address: ________________________________________________

Postcode: __________ Phone: ____________________________

Mobile: ___________________________ Date of Birth ______________

Email address: ____________________________

Signed: ___________________________ Date ______________

PAYMENT FOR CHESS TUITION [+ CHESS GOODS IF REQUIRED]:

Please indicate:
Payment for Term 2 only $83.00 [ ]
Payment for Terms 2 and 3 $155 [ ]

Payment can be made by cheque: payable to Gardiner Chess
or direct to the bank BSB124-008 AC10-579454

[ ] Mastercard [ ] Visa

_________ ___________ ___________ ___________ ___________ ___________
Expiry date: / ______ Amount: $ ______ (include payment for goods)

Signed: ___________________________ Date: ________________

CHESS GOODS TO HELP YOUR CHILD LEARN CHESS

A tournament chess set
comprising pieces, roll-up board plus a good
quality bag for only $25.

To purchase, please indicate here [ ]

NOTE: POSTAGE IS INCLUDED IN THESE SPECIAL PRICES

Chess Workbooks (by Sydney Academy of Chess)

- Book 1 (for beginners) $25
- Book 2 (a little more advanced) $25
- Books 1 & 2 for $45

These books are great for beginners, well-illustrated
with easy to follow examples.

To purchase, please tick Book 1 [ ] &/or 2 [ ]

Special deal - buy the set and both workbooks for only $65! [ ]
WEDNESDAY ACTIVE TRAVEL SURVEYS
Congratulations to the winners of last week's Wednesday Active Travel Survey.
- 6B – 35%
- Prep B and 3G – 32%

WALKING SCHOOL BUS: EVERY TUESDAY AND WEDNESDAY
The Walking School Bus for the walk from school to Bowman Park is getting bigger every week. We would like more parents to volunteer to help out. For the Walking School Bus to be a success there needs to be at least two Parent Helpers on each day.

There are two important points to note:
- Could you please drop your application off at the school office at least 24 hours before you wish your child (ren) to join the Walking School Bus.
- If you have enrolled your children in the Walking School Bus, and need to notify the coordinator of any changes, please text/call or email Christine Brown as per the contact details below.

MARCH IS “PARK ‘N’ STRIDE” MONTH
Mr Robertson’s morning Walking School Bus from Bowman Park to School is on every Wednesday (about 8:10 – 8:15 am) until the end of March.

AST BREAKFAST NEXT WEDNESDAY 26TH MARCH
Don’t forget we’ve got our special AST breakfast next Wednesday to celebrate the end of the March “Park n Stride” month and the start of Kilometre Club.

The breakfast will take place in the undercroft and there will be muffins, juice and Active School Travel giveaways being handed out from the Tuckshop.

Those who participate in the March Park N Stride will also go in a raffle to win a couple of special prizes to be drawn at the breakfast.

If you are interested in being involved please come to one of our meetings, or contact Christine Brown (AST Coordinator) on 0406 425561 or mickandchris@mail.com.au

UNIVERSITY OF NEW SOUTH WALES COMPETITIONS
The competitions for Science, English, Maths will be held again this year for students in Years 3 to 7 on the following dates:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science</td>
<td>Wednesday 4th June</td>
</tr>
<tr>
<td>English</td>
<td>Tuesday 29th July</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Tuesday 12th August</td>
</tr>
</tbody>
</table>

Cost per entry is $8.00 per subject per student. Parents wishing their child/ren to sit these competitions are requested to complete the form below and return form and money to the school office in a marked envelope.

CLOSING DATE FOR ALL APPLICATIONS IS: FRIDAY 28th MARCH
NO LATE ENTRIES WILL BE ACCEPTED

University of New South Wales Competitions
I wish to enter my child into the following competitions:

Child’s Name ___________________________ Class _____________

□ Science  □ English  □ Mathematics

Cost per subject is $8.00. Money enclosed $ ____________

Parent’s Signature ______________________

Please return to the school office by Friday 28th March
ATTENTION

Year 7 students will be selling ice-cream cones to the Preps and Year 1s at lunch time this Friday for $1 in the Early Years.

All profits will go towards the Year 6 & 7 Canberra trip.
Thank you for supporting us.

If you are on Facebook we would love you to ‘Like us’ as this will be one more way that we will communicate P and F news to you.

P&F Minutes, Agenda & Principal’s Report Available on Website

On the Menu Bar, Click into About Us, Community, Parents and Friends, make your choice from the Menu, then download the appropriate file, press Ctrl and click into:

- P & F Minutes of Meeting: P & F Meeting Agenda: Principal's Report:
- P & F Constitution:

The Files will be uploaded to the site as the documents become available.

The P&F invite you to attend a free session on mindfulness, with Manish Singh from the Brisbane Mindfulness Centre, on Tuesday 2 April 7.00 - 8.30pm. The session will be held in the St Joseph’s music room.


You may have heard about mindfulness and would like to learn more. Mindfulness helps to:

- relieve stress, build resilience, and increase wellbeing with training that integrates a modern, evidence-based approach, with the depth of a traditional practice and understanding.
- build the skills that allow you to respond to life with clarity and focus, rather than react out of unhelpful, habitual patterns.

Practicing mindfulness and living mindfully involve observing and accepting yourself and your current situation.

Looking forward to seeing you there.
Bess Howard (P&F President)

25 Years
This morning at Mass, the P&F, on behalf of all children and parents at St Joseph’s, presented Fr Peter with a donation to contribute to the building of the Duhig Memorial. This was in commemoration and celebration of his 25th anniversary in the priesthood. We are very grateful to Fr Peter for all he does for us here at St Joseph’s.

TRIVIA NIGHT UPDATE! IT'S A SELLOUT!

- Tickets will be distributed to team captains today, along with an info sheet. Please email katehunter@me.com if you don't receive yours
- The Hall will be open from 2pm to 4pm on Saturday so teams can decorate their tables
- Remember, there’s a $500 donation to the charity of the winners’ choice as first prize
- There’s the barrow of beverages raffle and lucky balloons so bring some gold coins as well as cash for the bar!
- Two great auction lots including a once-in-a-lifetime cricket experience as well as a High Tea for five!

Finally, we'll need a clean up crew in the hall on Sunday from 3pm. With lots of help it won’t take long.
Vacancy - School Crossing Supervisor

A casual position exists for a School Crossing Supervisor.

The School Crossing Supervisor position is for 2 - 5 days a week however you may be required to work up to 10 days per fortnight in all weather conditions. The hours of work for the School Crossing Supervisor are 1.5 hours a day and comprises 60 minutes in the morning and 30 minutes in the afternoon.

The current rate of pay is $26.90 per hour.

Commencement of work for the successful applicant is dependent on:

- The favourable outcome of a health assessment carried out by a Government Medical Officer.
- A Positive Notice Blue Card (You will be assisted through this process by the Road Safety Office)

Completed applications should be returned to:

The Principal
St Joseph’s School Bardon
The Drive
Bardon Qld 4060

On Friday I had my hair shaved to support the Leukaemia Foundation's 'Shave for a Cure'. I wanted to say thank you to all the St Joseph's students, teachers and parents for supporting me. The level of support has been amazing!

Thank you to Ms Hayes for letting me do it in front of the whole school to raise awareness and to Ngaire from Bardon Hairworks for coming to shave my hair. I would especially like to thank all my year 7 friends for encouraging and supporting me - you guys have been awesome!!

A lot of people have asked if it's too late to support me. If you would like to, you can go to my fundraising page on the website http://my.leukaemiafoundation.org.au/AvaKeogan?SID=247870&LangPref=en-CA or there will be a donation box in the office for the rest of this week.

Thank you!!

Swim and Co Ashgrove

Easter Holiday Intensives and Term 2

2014 swimming classes
QUALIFIED COACHES
ADULT SQUAD
LEARN TO SWIM
STROKE CORRECTION
WATER POLO SKILLS TRAINING
SQUAD PROGRAM
Easter Intensives
Monday April 7 – Friday April 11

Term 2 starts Monday April 28
and ends Saturday June 21
Squad training April 22, 23 and 24

For bookings and information please call Michele on
Ph 3366 2612
Mobile 0417 003 977
Email addresses:
ASHGROVE-smianandco.ashgrovess@hotmail.com
BARDON-smianndco.withmichele2@hotmail.com
WEBSITE: www.swimandco.com.au

3 Day Soccer Camp @ Toowong: $10 Discount

Claim your mornings back from 9-12pm these school holidays:

1. Join with your St Joeys school friends and get $10 off each!
2. To get your child the best experience class sizes are limited to 15 players
3. $2M local venue in Toowong, fully enclosed with its own toilets, water bubblers, sprinklers and undercover area

Places are filling up fast so secure your holiday plans now visit: www.PlayBeautifulFootball.com.au
Or search: 'Play Beautiful Soccer Camp'

Age: 5 - 8 year olds
When: Mon 7th - Wed 9th April
Where: St Ignatius School, Kensington Terrace, Toowong, 4066
Cost: $159pp*

*$10 discount applies to siblings and friends when registering online
THE NEW RULE EVERY PARENT NEEDS TO KNOW

Have you ever heard yourself say to your children, “Don’t talk to strangers?”

An honest person will likely admit that at some time in their childhood, they were given this rule. In fact, many parents will admit they continue to pass this rule onto their own children. Yet, in the same breath, we might encourage our children to talk to the supermarket cashier, the sales person or the long lost relative. All of these people fit the definition of a stranger, but for some unknown reason it is okay for the child to talk to them. At best, this rule sends mixed messages to our kids.

There is a strong shift away from the old rule of “never talk to strangers” to “never go anywhere with anyone without asking permission first”. A child who has been taught to never talk to strangers may feel they have nowhere to go if they find themselves lost in a shopping centre or other public place.

As parents we need to emphasise who is a “stranger”. Your definition and your child’s may be quite different. Engage with your children to help them understand that a stranger is simply someone whom they do not know. We do not know if someone is good or bad just by looking at them. Rather, we need to teach our children about “strangeness”.

Five ways to enforce the new rule:

1. Never go anywhere with anyone without asking permission first
   This is the new fundamental rule to keeping kids safe. This rule must NEVER be broken. Regardless of if it is a school, public or family function, work with your children to ensure they always ask an adult for permission before going off with ANYONE.

   Classic “what if” scenarios are worth their weight in gold. “You are at school and walking back to class after snack when a man comes up to you and says he is looking for his son’s class. He asks you to go with him to show him where it is. Do you go?”

   Use tempting scenarios that are relevant to your child, such as puppies or toys, and discuss safe options and strategies in each case.
2. Your personal alarm
Children have an innate sensitive personal alarm, which we can teach them to use. This is their natural defence system. Work with them to identify and recognise the physical and environmental signals that cause their alarm to sound. Knowing that a rush of adrenalin will cause physiological changes in our bodies and activate our personal alarm is a good start. A child’s personal alarm will present the same physical and emotional cues that an adult’s will.

3. Trust your instincts
Have you ever gotten “the creeps”? Maybe it’s the idea of snakes, mice or heights that does it for your child. Encourage them to draw on how it feels when they get the creeps. Instincts are those feelings you get when something or someone makes you feel uncomfortable. Instincts are the physiological changes that happen to our body when our personal alarm goes off. Physiological changes include noticing that you feel scared or nervous, your tummy feels upset and your heart is racing. And you know what? Our personal alarm is right 100% of the time.

4. Personal space vs. safety zone
Most kids understand the concept of personal space. How many times have we heard, “Stop invading my personal space!” Most people feel comfortable within an arm’s length of others. However, do your kids recognise their safety zone? Teach your child to be aware of their surroundings. If a “strange” person is too close, suggest they back away and maintain their safety zone. A safety zone is much bigger than your personal space – at least three giant steps bigger.

5. Safe places, safe people
There are times when a child must ask for help quickly and instinctively. We already know that not all strangers are bad, that most strangers will help a child who is lost or upset. It is situations that are safe, not places. Talk with your child and reinforce that he or she must ALWAYS use his or her skills with ALL people, including those presumed safe. Encourage your child to tell an adult they trust when someone or something has frightened them.

As parents we need to empower our children with self-confidence and trust in their ability to sense when something is just not right. It doesn’t matter if they can articulate it; they just have to feel it.

Catherine Gerhardt, Kidproof Melbourne
Kidproof provides proactive and preventative child and family education programs. We work with schools, community groups and other child centric organisations. We provide peace of mind for parents and create safer communities for everyone.

- www.kidproofsafety.com.au
- melbourne@kidproofsafety.com
- 1300 577 663
Raising Kids to Thrive!

Monday 12 May 2014 7:30pm - 9:00pm
St Joseph’s Hall (off Cecil Road, Bardon)

For parents of primary school-aged children

Michael’s presentation is based on current research and best parenting practice. Michael will help you feel more confident, less anxious and better equipped to raise kids today.

Raising Kids to Thrive! is the new roadmap to parenting success for parents of children 3 to 12 years of age.

Kids need strong, confident leadership … from their parents. That’s quite a challenge these days as kids grow up at the speed of light and parents are unsure of their place in the lives of kids.

Michael will show parents how to be confident family leaders, able to develop real confidence, character and resilience - the keys to kids’ future success in this ever-changing world.

Here’s what Michael covers:

⇒ How to develop real independence in kids so that they are equipped to look after themselves.
⇒ The most effective parenting style for raising today’s kids.
⇒ The secrets to building strong families and how you can apply these principles to your own family.
⇒ Why disappointment, struggle and failure are good for kids and how you can help them to grow from these experiences.
⇒ Great ways to get cooperation from your kids without nagging, shaming or raising your voice.