Dear Parents and Caregivers

Assisting our children in the preparations of their sacraments is an important step as they travel their Journey of Faith. It is not always easy, however, we only need to remember that it is the Lord’s work and he is calling us to share His mission of building the Kingdom.

Reconciliation is a sacrament of healing, forgiving and freeing. We know that it is not always easy to say I’m sorry or to forgive others but when we do, our relationship with God grows. The concept of everyday Reconciliation on which the Sacrament is based, has strong foundations in the home – very much the result of what they see and hear parents and adults do.

Last Monday evening approximately 70 children from the school made their First Reconciliation. The parents and guardians who have been involved in this program need to be congratulated for their efforts and support that they have shown over the past few weeks.

Let us remember in our prayers these families as they take one further step on their Faith Journey.

STAFF CHANGES FOR TERM 2
As you would be aware, Mrs Michelle Johnson will be taking maternity leave from the end of this term through to the end of the year. We wish Michelle and Alwyn all the best with the birth of their first child in a couple of weeks. Miss Eireen Lorenzo has been appointed as Michelle’s replacement and will teach the Year 6 class through to the end of the year. Please make Eireen welcome when she joins our staff next term.

I also congratulate Mrs Beth Matthews who has been appointed as our Support Teacher Inclusive Education in a continuing capacity here at St Joseph’s. Beth had taken this role on in an Acting capacity this term and after the interview process, led by the Support Consultant from BCE has been appointed to this position in a part-time continuing capacity. Beth will continue to work on Monday, Tuesday and Fridays.

WORK OVER THE HOLIDAYS
This holiday period will be a busy time for workmen here at St Joseph’s. We hope that over the two weeks the following will be completed:-

- Asphalting of the Church round-about (thanks to Fr Peter)
- Asphalting of the staff car park
- Painting of the Eakin building (double storey block)
- Re-wiring of the electrical in the Forrest building (Year 1 block)
- Upgrades to the tuckshop

We hope that the weather holds out for all the above items to be completed before the start of Term Two.

If there are any parents who can help move classroom furniture into the middle of the rooms in the Eakin building on Friday 4th April from about 1:30pm your help and muscle would be greatly appreciated.
TRIVIA NIGHT
Last Saturday night was certainly a night to remember with over 25 tables, dressed in character to answer the trivia which determined the St Joey’s champs for 2014. Congratulations to the ‘brains trust’, winners for the night.

Many thanks to Kate Hunter and her team for the organisation of the evening, the set-up, the clean-up and those who worked throughout the night on the bar, serving food, and ensuring that all was going well. These events take a lot of organising and helpers to be successful, so thanks to all who helped out in any way to make this a memorable evening.

ILLNESS IN OUR SCHOOL
This is to inform you that we have a vomiting bug going around some of our classes and one of our students in the Early Years has been hospitalised with a severe case of gastroenteritis. Please be aware of this illness if your child is feeling unwell and keep them at home until 48 hours after they have recovered.

Diarrhoea* and/or vomiting
- exclude until there has not been a loose bowel motion for 24 hours.
- exclude staff whose work involves food handling until they have not had any diarrhoea or vomiting for 48 hours.
- if there are more than two cases of loose bowel motions in the same centre or a single case in a food handler notify your nearest public health unit.

Department of Health “Time Out” guidelines for infectious conditions

Yours faithfully, Carolyn Hayes (Principal)

From the APRE
Sacrament of Reconciliation
Congratulations to all the Year 3 students who completed this sacrament on Monday night. Thanks to all the Parish Sacramental team and to the Year Three teachers who helped with the school based education and logistics on the night. More information will come next term regarding the sacraments of Communion and confirmation.

Holy Week Celebrations
Next Tuesday we will celebrate this as a school but in two groups – Preps to Year 2 and Years 3-7. There will be four areas set up by each group depicting the four days of Holy week, which classes will have the opportunity to visit during the morning session. Your class teacher will have the times for each class in their group.

Everyone is welcome to join us and their child’s class as we celebrate this pivotal week in the church year.

The first day back next term we will come together as a whole school to celebrate the resurrection.

Easter Appeal
If anyone can add to a wonderful pile of Easter eggs for St Vincent de Paul, please drop these off to your child’s class or the office. This is very much appreciated each year and we get some beautiful letters of thanks from the clients of St Vinnies.

Caritas Appeal – Come Live Life through Charity & Awareness
As mentioned in last week’s newsletter, we are collecting money to aid the various worldwide efforts of Caritas International. The Project Compassion Appeal has classes contributing to a class mission box which is counted each week. The totals will be announced each Friday Assembly for the 7 weeks. Also pictures of chickens and school books will be placed in the garden for every $10 raised.

Each week the school will focus on a country that is specific to this year’s fundraising.

Active School Travel
Thanks to everyone who has been involved in the walking school buses and thanks to the AST committee who coordinated the breakfast this morning. Two prizes were drawn out of the whole school population – a fishing rod and tickets to Putt Putt. Keep active everyone

Michael Robertson

Masses for the rest of Term 1
Monday 31 March
HOLY WEEK LITURGIES

Congratulations to Ella (5B) on being selected for District Netball 11 years. Well done Ella!
Prep B  Matthew for contributing with great enthusiasm during our explorations of the water cycle.

Prep G  Ross for treating everyone so kindly, for using your manners and for sharing with us your beautiful St Patrick's Day outfit.

Prep W  William for his enthusiasm towards writing words.

1B  Sophia for taking great pride in her work and showing persistence when completing tasks.

1G  Ellen for showing care and respect towards her peers.

1W  Amelia for always being a kind and caring friend.

2B  Ava for always showing respect to others by listening carefully and helping others in the classroom.

2G  Oliver for excellent homework and for always giving his best.

2W  Tia for her cheerful attitude and happy smile which brightens our class.

3B  Sally for always looking for ways to include others and make them feel happy.

3G  None this week.  Mr Deegan away.

3W  Eliza for a wonderful effort in learning her spelling every week.

4B  Charlie for giving 100% at all times and for displaying exceptional results in mathematics.

4W  Jasmine for great effort in all class work.

5B  Charlotte for working hard on SRA and for her kindness and thoughtfulness shown to her peers.

6B  Rinka for the humility she demonstrates towards learning and her achievements. Bella  for her devotion towards History, showing high organisation and detail.

7B  Ruth for her conscientious attitude towards everything she does.

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**Kilometre Club News**

What a shame our first Kilometre Club session had to be called off. We had our fingers crossed that the much needed and very welcome rain would hold off until after our first run.

In the meantime, try to find the time to go to your local park for a run. Measure out a course and record the distance yourself on your child’s calendar. Make sure to use whole or half kilometres and sign in the box.

Remember that joining fees are due. Bring along to next week’s session in an envelope clearly marked with name and grade.

Happy running!

*Bern Skelly and Wendy Lamb*

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**Earth Hour Australia**

Turn off the lights this Saturday 29th of March between 8:30 and 9:30pm and take action to create a more sustainable world.

*Help create a beautiful candlelight display on the front lawn of our very own Parliament House for Earth Hour.*

The message will be: “Lights out for the Reef” unless we act to cut carbon pollution to safe levels.

3500 candles are needed!

ACTIVE SCHOOL TRAVEL

WEDNESDAY ACTIVE TRAVEL SURVEYS
Congratulations to the winners of last week's Wednesday Active Travel Survey.

3B – 58%
4W – 56%
3W – 48%

WALKING SCHOOL BUS: EVERY TUESDAY AND WEDNESDAY
The Walking School Bus for the walk from school to Bowman Park is getting bigger every week.

The AST committee would like to extend a great big THANK YOU to all our regular parent helpers – Bess Howard, Frank Fuchs, Kate O'Hare and Peter O'Dempsey. The bus wouldn’t be able to operate without you. More volunteers are always appreciated.

There are two important points to note:

- Could you please drop your application off at the school office at least 24 hours before you wish your child(ren) to join the Walking School Bus.
- If you have enrolled your children in the Walking School Bus, and need to notify the coordinator of any changes, please text/call or email Christine Brown as per the contact details below.

MARCH IS “PARK ‘N’ STRIDE” MONTH
Mr Robertson’s morning Walking School Bus from Bowman Park to School had it’s last run today. Keep an eye out for more news on the morning bus though, as it may come back next term on another day.

ACTIVE SCHOOL TRAVEL BREAKFAST
We had our AST breakfast today with lots of muffins, fruit, juice, Active School Travel goodies and prizes handed out in the undercroft. Unfortunately the weather meant that we didn’t get to celebrate the start of this year’s Kilometre Club at the same time.

Congratulations to our two lucky prize winners of the Active School Travel raffle:

- Tom (2W) – Fishing Rod
- Thomas (2G) – Victoria Park Putt Putt Voucher

If you are interested in being involved please come to one of our meetings, or contact Christine Brown (AST Coordinator) on 0406 425561 or mickandchris@mail.com.au

UNIVERSITY OF NEW SOUTH WALES COMPETITIONS
The competitions for Science, English, Maths will be held again this year for students in Years 3 to 7 on the following dates:

Science                  Wednesday 4th June
English                 Tuesday 29th July
Mathematics             Tuesday 12th August

Cost per entry is $8.00 per subject per student. Parents wishing their child/ren to sit these competitions are requested to complete the form below and return form and money to the school office in a marked envelope.

CLOSING DATE FOR ALL APPLICATIONS IS: FRIDAY 28th MARCH

NO LATE ENTRIES WILL BE ACCEPTED

University of New South Wales Competitions

I wish to enter my child into the following competitions:

Child’s Name ___________________________ Class _______________

☐ Science      ☐ English      ☐ Mathematics

Cost per subject is $8.00. Money enclosed $ _____________

Parent’s Signature _______________________

Please return to the school office by Friday 28th March
ATTENTION

Year 7 students will be selling ice-cream cones to Years 2 to 7 this Friday for $1 at the tuckshop.

All profits will go towards the Year 6 & 7 Canberra trip.
Thank you for supporting us.
ST JOSEPH’S CHESS CLUB

St Joseph’s Chess Club resumes for children in Prep - Year 7 in **Term 2 and 3 only**. It is held on **Monday afternoon in the Library 3.10pm – 4.10pm** and is run by coaches from Gardiner Chess. The children are supervised by myself or Mrs Amanda Gardiner (T-L). The children are to come to the Library at 3pm where the roll is marked and where they are encouraged to have an afternoon tea snack prior to the lesson. **Children are to be promptly picked up outside the Library at the conclusion of the lesson but by no later than 4.15pm.**

Dates for Term 2 and 3 are:

**Term 2:** 28th April (Week 2) – 16th June (Week 9)

- There will be no Chess Club on 9th June because of the Queen’s Birthday Public Holiday

**Term 3:** 21st July (Week 2) – 8th September (Week 9)

In Term 4 there will be an opportunity for children in St. Joseph’s Chess Club to participate in the Brisbane Individual Age Chess Championships. A date and venue for this event is yet to be finalised. **Please note that transport and supervision for this event is the responsibility of parent/s and caregivers.**

If your child/ren wants to participate in the St. Joseph’s Chess Club, please complete the attached enrolment form and permission slip. **Both forms need to be returned to the Office by no later than Tuesday, 1st April as the number of children for St. Joseph’s Chess Club is limited.**

If you have any questions please do not hesitate to discuss them with me.

Jane Robinson (St. Joseph’s Chess Club Co-ordinator)

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**ST JOSEPH’S CHESS CLUB**

I/we ____________________________________________ give permission for my child/ren

___________________________________________

to participate in the St Joseph’s Chess Club run by Gardiner Chess on Monday in the Library from 3.10pm – 4.10pm. I/we acknowledge that my child/ren are to be picked up promptly after Chess Club but by no later than 4.15pm.

Please indicate which term/s your child/ren will participate.

Term 2 [ ]  Term 3 [ ]

Signature: ___________________________________________ Date: __________________
Lessons on Mondays
3.10—4.10pm in the library during Terms 2 & 3 only
Term 2 will commence 28th April
Term 3 will commence 21st July

GARDINER CHESS
PO Box 1423, Mudgeeraba Q 4213
Email: accounts@gardincherch.com.au
Website: www.gardincherch.com.au
Phone 07 5522 7221; Fax 07 5522 7760

ST JOSEPH’S, BARDON CHESS FORM 2014

This form must be returned to the school office
no later than Tuesday 1st April to enable your
child/ren to start the program.

The cost is $83 per term, or $155 for both
terms 2 and 3, including GST per child.

Since fees are required in advance for your
child or children to take part in the program,
we request that you pay by completing the
payment form on the right.

Unless there are extended absences, where special
allowance may be made on written request, we
will require the full fee to be paid in advance. The
fee is based upon a full class of students, and no
allowance can be made for occasional absences.

Under no circumstances will the coach be
allowed to accept payment.

Please include details of any medical, custodial,
or other factors of which we need to be aware, on
the back of this form.

CHESS PERMISSION SLIP

My child .................................... of ..............................
school, has permission to participate in school chess
until further notice. I authorize Gardiner Chess to seek
emergency medical, hospital or ambulance assistance
for my child if necessary.

Child’s Name: ........................................ Class: ..............
Parents’ or Carers’ names ............................................
Address: ........................................................................
Postcode: ........... Phone: ..............................................
Mobile: .................. Date of Birth ..............................
Email address..............................................................
Signed...................................................... Date .................

PAYMENT FOR CHESS TUITION [+ CHESS GOODS IF REQUIRED]:

Please indicate:
Payment for Term 2 only $83.00 □
Payment for Terms 2 and 3 $155 □

Payment can be made by cheque: payable to Gardiner Chess
or direct to the bank BSB124-008 AC10-579454

□ Mastercard □ Visa

_______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______
Expiry date: ___/___ Amount: $ ______ (include payment for goods)
Signed ................................................................. Date ..............

CHESS GOODS TO HELP YOUR CHILD LEARN CHESS

A tournament chess set
comprising pieces, roll-up board plus a good
quality bag for only $25.

To purchase, please indicate here □

NOTE: POSTAGE IS INCLUDED IN THESE SPECIAL PRICES

Chess Workbooks (by Sydney Academy of Chess)

• Book 1 (for beginners) $25
• Book 2 (a little more advanced) $25
• Books 1 & 2 for $45

These books are great for beginners, well-illustrated
with easy to follow examples.

To purchase, please tick Book 1 □ &/or 2 □

Special deal - buy the set and both workbooks for only $65! □
A note from Bess Howard, P&F President

I just want to thank everyone who came along to make the trivia night such a roaring success! A great night was had by all, with everyone getting into the Show Tunes theme. The ‘Annie’ team, judged by Sister Gabi and Sister Francis to be the best themed was a standout. The Von Trapps deserved their title of ‘Cheesiest’ but congratulations to the ‘stage crew’ table, who won the trivia comp. They chose Hear and Say as the recipients of their $500 prize money. We received a wonderful email from Dimity Dornan from Hear and Say, who asked that we pass on their thanks to the entire Joeys community.

Money is still being counted, and expenses deducted, but it looks like we will clear more than $10,000 for the P&F! Many thanks to everyone who contributed to the night, most especially Kate Hunter and Amanda Wakefield. Special thanks also to Liam Walsh, Justin Sheehan, Anne Fuchs, Sara McGarvey, Kym Woods, Glenda Hawley, Sophia Cole and all the other helpers. I would especially like to thank those who came for the clean-up on Sunday. It’s always the least glamorous but most important part!

Where does the money go?
Money raised at events like the trivia night, along with the P&F levy is used to fund many projects; some are ongoing, year after year. These include:

- $2,000 for the school instrumental program
- $5,000 towards the sports program
- $2,000 to a charity (a different charity is chosen by the committee each year)
- $2,000 bursary to help families within our school community who might need assistance to pay school fees.

Working with Ms Hayes, P&F also identifies areas within the school that need attention - and money. Last year, this included air-conditioning the Music and Italian rooms, buying and installing the big fans in the hall, as well as painting the hall’s interior. The P&F also funded the Astroturf and drainage works next to the hall. In recent years, the P&F has financed the prep playground, air-conditioning classrooms, the lower oval playground and many other facilities used by our kids every day.

This year, refurbishment of the tuckshop is a priority. The tuckshop was built 8 years ago, when it served far fewer families. It’s now inadequate and makes work difficult for our convenor Beck and our volunteers. Also, now that the tuckshop has been granted a Food Licence, improvements are needed if we’re to be to be fully compliant. This work will hopefully be completed over the Easter holidays. Michael Coulson, father of Niamh (4W) is overseeing the project and undertaking the building work. Very generously, he’s waived any fee for his services. We’re very grateful. The P&F plans to contribute more funds to the school during 2014, as priorities become clear. There are always unexpected expenses too, and we try to be ready to meet these needs as they arise.

Coming events
We’re planning a family get-together in term 3. We’re just finalising the date, but be assured it will be a relaxed affair, with rides for the kids, a BBQ and a bar. Please see the P&F calendar for a full listing of planned P&F activities.

Mindfulness
The P&F invite you to attend a free session on Mindfulness, with Manish Singh from the Brisbane Mindfulness Centre, on Wednesday (please note correction from last newsletter – NOT TUESDAY 2 April 7.00 - 8.30pm. The session will be held in the St Joseph’s Music room.


You may have heard about mindfulness and would like to learn more. Mindfulness helps to:

- relieve stress, build resilience, and increase wellbeing with training that integrates a modern, evidence-based approach, with the depth of a traditional practice and understanding.
- build the skills that allow you to respond to life with clarity and focus, rather than react out of unhelpful, habitual patterns.

Thank you for taking the time to read this! You are most welcome to join us for our monthly meeting, held on the second Tuesday of each month in the room next to the Library. If you have any questions, suggestions or feedback, please email me on elizabeth.howard@ymail.com.

Warm regards
Bess Howard
Vacancy - School Crossing Supervisor

A casual position exists for a School Crossing Supervisor.

The School Crossing Supervisor position is for 2 - 5 days a week however you may be required to work up to 10 days per fortnight in all weather conditions. The hours of work for the School Crossing Supervisor are 1.5 hours a day and comprises 60 minutes in the morning and 30 minutes in the afternoon.

The current rate of pay is $26.90 per hour.

Commencement of work for the successful applicant is dependent on:

- The favourable outcome of a health assessment carried out by a Government Medical Officer.
- A Positive Notice Blue Card (You will be assisted through this process by the Road Safety Office)

Completed applications should be returned to:
The Principal
St Joseph’s School Bardon
The Drive
Bardon Qld 4060

St Joseph’s Netball

ROUND 1

Games begin this Saturday 29th March at Downey Park.

- Please ensure players have applied sunscreen prior to leaving home
- Please ensure players have removed her watch, earrings and cut her finger nails
- Players to wear their full St Joseph’s Netball uniform (netball Visor included)
- Please give yourself plenty of time to park and be at your court in time for a warm-up

Remember you are representing your school and play with Humility, Respect and Care at all times.

GOOD LUCK TO ALL TEAMS!

Chantelle Daveson
President
chantelle@davesons.com

Community News

Vacancy - School Crossing Supervisor

A casual position exists for a School Crossing Supervisor.

The School Crossing Supervisor position is for 2 - 5 days a week however you may be required to work up to 10 days per fortnight in all weather conditions. The hours of work for the School Crossing Supervisor are 1.5 hours a day and comprises 60 minutes in the morning and 30 minutes in the afternoon.

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Completed applications should be returned to:
The Principal
St Joseph’s School Bardon
The Drive
Bardon Qld 4060

Help! We need palm fronds for our Palm Sunday Liturgies! If you can help by contributing any - no matter how few – we would love to hear from you. Please phone Therese Beavis on 3366 4103 or email mtbahi@optusnet.com.au Thank you.

Palm Sunday

The Gap Health and Racquet Club

Player of the Week is Stella.

“Stella has come to every lesson absolutely ready to learn. She brings a huge amount of enthusiasm but also listens carefully in the lesson. She has become a strong player with her shots, in particularly her forehand, improving each week. Congratulations to Stella for being such a great tennis player! Keep up the good work!” Ines Obermair (Coach)
The power of a sincere compliment

It’s amazing the impact a sincere compliment can have on the confidence and self-esteem of a child or young person.

I overheard a friend tell her eight-year-old daughter last week:

“You did such a good job helping your brother yesterday. You are such a lovely big sister!”

My friend’s face lit up with a smile as she said it. She gently put her hand on her daughter’s shoulder at the same time.

The little girl beamed, then she went off to play.

It was a simple parenting moment among many that my friend would have initiated that day.

I couldn’t help thinking that it doesn’t take much to grow kids’ self-esteem and create good feelings at home.

A sincerely given compliment has an enormous impact on the person who receives it. We all grow a little taller, at least inside, when we are given a compliment.

We also feel closer to the person who complimented us.

Compliments satisfy the deep craving we all have to be appreciated.

There is one problem. While compliments are easy to give, they are also easy not to give.

We forget.

We underestimate their impact.

We haven’t developed the habit of giving compliments.

Amplify the impact

There were two things my friend did that amplified the impact of her compliment.

1. She smiled as she gave the compliment.

2. She touched her daughter as well.

Touch will always amplify a compliment. It makes it personal.

Her mother’s smile told her daughter what her mum really felt. In fact, the touch and smile said it all. The words reinforced the smile and touch.

The compliment was given and received through three senses – visually, kinaesthetically and auditorily.

That’s how kids receive all our messages – they see, they feel, they hear – though we often focus on the words and forget the visual and kinaesthetic.

Next time your child does something worthwhile take the time to give a compliment.

Smile (tell your face you are happy) and add a little touch to really let them know how you feel. Watch your child’s reaction. It’ll have a significant impact.

It doesn’t take much.
Kids need strong, confident leadership ... from their parents. That’s quite a challenge these days as kids grow up at the speed of light and parents are unsure of their place in the lives of kids.

Michael will show parents how to be confident family leaders, able to develop real confidence, character and resilience - the keys to kids' future success in this ever-changing world.

Here’s what Michael covers:

- How to develop real independence in kids so that they are equipped to look after themselves.
- The most effective parenting style for raising today's kids.
- The secrets to building strong families and how you can apply these principles to your own family.
- Why disappointment, struggle and failure are good for kids and how you can help them to grow from these experiences.
- Great ways to get cooperation from your kids without nagging, shaming or raising your voice.